Name:

Date:

LETTER TO MY FUTURE SELF

Write a letter to your future self. Imagine it's December 31, 2025. How do you want to feel at the end of the year? What do you hope to have accomplished? Be as specific and creative as you can!

Alane

Dear Future Me,

Here's what I hope your life looks like now:

This year, I'm most excited about:

My question for you is: